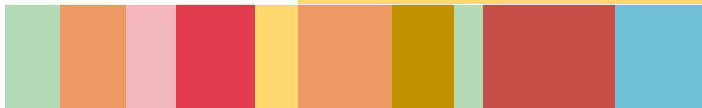




# THE CAFÉ



2616 northridge pkwy  
Ames, Iowa  
515.292.0100  
[thecafeames.com](http://thecafeames.com)



## BREAKFAST

## Sweet

### TOAST & JAM

sourdough or raisin walnut with peanut butter & canada's finest jam 1.95

### OATMEAL

old-fashioned oatmeal with berries, granola, brown sugar, maple syrup & cream 4.25

### GRIDDLE CAKES

the bakery's sourdough wild yeast starter is what makes these so good!

an order of six 4.95

short stack (4) 3.95

add chocolate chips or strawberries 1.25

### WHOLE WHEAT PANCAKES

with butter and maple syrup

an order of five 4.95

short stack (3) 3.95

add chocolate chips or strawberries 1.25

### FRENCH TOAST

your choice of our bakery's raisin walnut or sourdough dipped in eggs & cream and griddled to perfection 4.95

## to drink

|                     |           |
|---------------------|-----------|
| FRESH SQUEEZED OJ   | 1.95/2.95 |
| NAKED JUICE         | 3.25      |
| ESPRESSO            | 1.95      |
| CAPPUCCINO          | 2.60/3.35 |
| LATTE               | 2.60/3.35 |
| CAFÉ MOCHA          | 2.85/3.65 |
| CHAI                | 3.25/3.95 |
| CUP 'O JOE          | 1.70      |
| FRESH LEMONADE      | 1.95      |
| STRAWBERRY LEMONADE | 2.25      |
| SAN PELLEGRINO      | 2.95      |
| ITALIAN SODA        | 1.95      |
| HERB TEA            | 1.85      |

## omelettes

made with three farm fresh eggs & served with café potatoes & toast

### SPINACH & BACON

fresh spinach & pepper bacon + three cheeses 6.95

### ASPARAGUS, MOZZARELLA & TOMATO

local asparagus, fresh mozzarella & tomato jam 6.95

### SAUSAGE & MUSHROOM

house-made sausage, mushrooms & three cheeses 6.95

## Savory

### CAFÉ COMBO

two of our sourdough or whole-wheat cakes + two eggs any style & choice of ham steak, bacon or sausage 6.95

### FARM FRESH EGGS

two eggs cooked any style with café potatoes & toast 4.95 add bacon, ham steak or house-made sausage 1.95

### PORTOBELLO SCRAMBLE

portobello mushrooms w/ cheesy eggs, local asparagus + café potatoes & toast 6.95

### BACON N' EGG MUFFIN

pepper bacon, fried egg & shredded romaine on toasted english muffin 4.25

### BEEF CHILAQUILES

sautéed corn tortillas, caramelized onions, shredded beef & red peppers with two over easy eggs\*, black beans, chimichurri sauce & feta 8.95

### BREAKFAST DILLA

local ham, scrambled egg & melted gouda with chipotle dipping sauce + fresh fruit 6.95

### FRUIT & TOAST

seasonal berries & melon w/ hazelnut-cream drizzle & raisin walnut toast 5.95

*be sure to check out the bakery counter for today's selection of breakfast pastries—they're made from scratch & baked fresh this morning!*

## on the side. . .

|                 |      |
|-----------------|------|
| yogurt parfait  | 1.95 |
| one egg         | 1.25 |
| sausage patties | 2.25 |
| pepper bacon    | 2.25 |
| ham steak       | 2.25 |
| café potatoes   | 1.95 |
| fresh fruit     | 2.25 |
| toast & jam     | 1.95 |

## kid's menu

(6<sup>th</sup> grade & under)

|                         |      |
|-------------------------|------|
| french toast            | 3.50 |
| griddle cakes           | 3.50 |
| egg & cheese quesadilla | 3.50 |
| toad in the hole        | 3.50 |

\*these items are cooked to order and may be served raw or undercooked. consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food-borne illness.